How Income Affects Health In Ontario

The poorer you are, the more likely you are to have worse health, to receive worse health care and to die earlier.

A report by Health Quality Ontario, ***Income and Health*** reveals significant differences in people's health risks, care and outcomes based on income. Below is a snapshot of the measures of health and how they compare across income levels.

FOOD INSECURITY

Percentage of the population aged 12 and older who report **not having access to enough food** to meet their basic dietary needs *(based on household income)*

LOWER IS BETTER

Ontario **8.6%**

Poorest **27.5%**

Richest **3.0%**

MULTIPLE CHRONIC CONDITIONS[1]

Percentage of the population aged 12 and older who report **having multiple chronic conditions** *(based on household income)*

LOWER IS BETTER

Ontario **16.2%**

Poorest **23.5%**

Richest **12.4%**

CERVICAL CANCER SCREENING

Percentage of women aged 21–69 **who had cervical cancer screening** *(based on urban neighbourhood income)*

HIGHER IS BETTER

Ontario **61.8%**

Poorest **54.3%**

Richest **66.7%**

COLORECTAL CANCER SCREENING

Percentage of people aged 50-74 **overdue for colorectal cancer screening** *(based on urban neighbourhood income)*

LOWER IS BETTER

Ontario **41.5%**

Poorest **49.7%**

Richest **34.9%**

MEDICATION INSURANCE

Percentage of people aged 12–64 who report **having prescription medication insurance** *(based on household income)*

HIGHER IS BETTER

Ontario **75.0%**

Poorest **58.0%**

Richest **87.3%**

POTENTIAL YEARS OF LIFE LOST

Potential years of life lost per 100,000 population *(based on neighbourhood income)*

LOWER IS BETTER

Ontario **4,120/ 100,000**

Poorest **5,654/ 100,000**

Richest **3,245/ 100,000**

LIFE EXPECTANCY (MEN)

(based on neighbourhood income)

Ontario **80.0 yrs**

Poorest **77.0 yrs**

Richest **82.0 yrs**

LIFE EXPECTANCY (WOMEN)

(based on neighbourhood income)

Ontario **84.0 yrs**

Poorest **82.8 yrs**

Richest **85.0 yrs**

[1]Select Chronic Conditions include Anxiety disorder, Arthritis, Asthma, Chronic bronchitis, Emphysema, COPD, Diabetes, Heart disease, Hypertension, and Mood disorders

For more details, please see the full report at www.hqontario.ca/System-Performance

Let's make our health system healthier

Ontario
Health Quality Ontario